



# Talking to Your Child's Teacher

Triple P - Positive Parenting Program School Newsletter - Fall 2008

## What is Triple P?

The Triple P - Positive Parenting Program offers suggestions and ideas to help parents build positive relationships with their children. Grounded in 25 years of research, Triple P gives parents simple strategies for promoting development and managing common behavior problems.



Children are our most precious gift—as parents, we share them with many wonderful people who help us care for and educate them as they grow. As school gets underway, it's a great time to think about what you might want to do to create good relationships with teachers and schools.

Here are some **Triple P — Positive Parenting Program** ideas for starting off the year on the right foot!

- Visit the school.
- Attend school meetings.
- Make an appointment to meet your child's teacher(s).
- Visit the school and teacher Web sites to stay updated on school news and homework assignments.

By developing a positive relationship with your child's teachers and school administrators, you are in a better position to manage any problems that may come up during the year.

If problems *do* arise, here are some ways you could handle them:

1. If you hear about a problem at school with your child, *act right away* and contact the teacher.

2. Try to speak positively about your child. Focus on the best ways to help your child succeed.

3. Acknowledge that there are likely two sides to any issue or problem.

4. Discuss possible ways to manage the problem. Stay calm and remember that everyone involved wants the best for your child.

As parents, we often know what might work to help our children; share these ideas with your child's teachers. Teachers may also have had experience with the issue or problem in the past—ask what has worked in similar situations.



5. If the problems don't improve, you might want to think about a home-school daily report card. The main idea is to have a system for daily communication focused on the specific behavior that you would like to see happen, such as following classroom rules. This system works best if both parents and teachers are in agreement that this can be helpful and if the child can get access to things they like to do at home, based on how they behave in school.

To find providers in your area or learn more visit the Triple P Web site at <http://tpinfo.sc.edu> or call 1-877-KIDZWIN.